



# ARBONNE ESSENTIALS® DAILY FIBER BOOST

## For Daily Health

The U.S. FDA Center for Food Safety and Applied Nutrition recommends 25 grams of fiber per day, based on a 2,000 calorie intake for adults. Daily Fiber Boost provides a convenient way to get 12 grams of fiber, nearly half the daily requirement, with each serving. This heat-resistant blend of gluten-free grain and fruit fibers can be added to hot or cold foods, drinks and even baked goods to help support gastrointestinal health and satiety.<sup>†</sup> #2075; \$35 🇺🇸

### Talking Points

- Soluble fiber is found in oats, peas, beans, apples, citrus fruits, carrots, barley and psyllium. Fiber supports healthy glucose levels already within a normal range.<sup>†</sup>
- Heat-resistant fiber means Daily Fiber Boost can go in any food or drink, including Arbonne Essentials Protein Shakes.
- For those not used to high-fiber diets, start with half a scoop and ease your way to the full recommended dose.



### BENEFITS

- Excellent source of fiber; one scoop delivers nearly half the recommended daily value
- Helps you feel satiated
- Fiber helps support a healthy gastrointestinal system<sup>†</sup>
- Gluten-free grain and vegan fiber source
- No cholesterol, saturated or trans fat
- Kosher-certified

### KEY INGREDIENT

#### Arbonne Fiber Source Blend

- Comes from a blend of fiber from gluten-free grain, pea, citrus, apple, orange, beet and inulin
- Does not interfere with sensory properties of foods to which it is added
- Non-allergenic
- Contains soluble fiber to support intestinal health and regularity<sup>†</sup>

### FREQUENTLY ASKED QUESTION

- Q.** Can Daily Fiber Boost be added to hot liquids, foods and baked goods?
- A.** Daily Fiber Boost is made from heat-resistant fiber. It can be added to Arbonne Essentials Protein Shake Mix and hot foods like soups, spaghetti sauce, oatmeal and even baked goods like muffins, cupcakes and breads.

### ALSO RECOMMENDED

Arbonne Essentials Protein Shake Mix  
Chocolate #2069; Vanilla #2070; \$69 each

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Prices listed are suggested retail.



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## Supplement Facts

Serving Size 1 scoop (16 g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	60	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 g	0%
Total Carbohydrate	15 g	5%
Dietary Fiber	12 g	48%
Soluble Fiber	12 g	*
Sugars	1 g	*
Other Carbohydrates	2 g	*

\*Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

**INGREDIENTS:** Arbonne Fiber Source Blend (maltodextrin, inulin, pea fiber, citrus pectin, apple pectin, orange fiber, beet fiber).

Maltodextrin sourced from corn.

